



BIGFOOTGO-RIDE



BIGFOOTYOUTH CC

Bigfoot Go-Ride and Bigfoot Youth CC – Velodrome Track Session

When:

Sunday 1st October, Register 2:45pm, Ride 3:00 to 5:00pm

What:

Once again a fantastic opportunity for all our club's riders to ride on a Velodrome on a Track Bike. No previous experience needed, we have coaches to help everyone have a go. During the afternoon everyone will get a series of sessions on the track.

Herne Hill Velodrome supply the Track Bikes.

Where:

On the banked track that is the wonderful Herne Hill Velodrome, 104 Burbage Road, London, SE24 9HE

Apart from the track, the facilities are fairly basic, but there are loos at least! Limited off street parking available. Hopefully the Velodrome café may be open

Bring:

Suitable clothing including: cycling gloves, helmet, sensible shoes (eg trainers); and clothing options on the day so you can either ride with shorts and short sleeves, while also having options that cover arms and legs

Drinks and snacks

Who can attend:

Members of Bigfoot Go-Ride (Hayes AM and PM) and Bigfoot Youth, but you must be aged 8 or over

Adults:

As this track is a semi-public space each young rider must be accompanied and supervised by a parent or adult friend of the family

If you are in Bigfoot Youth CC you may use a Ride Buddy to escort you to and from the event and/or to be with you at the event. If this would help, contact Adam at: adam@bigfootcc.co.uk

Cost:

£4-00 per participating child

More Information:

If you have any questions or need help with transport, please contact Adam at adam@bigfootcc.co.uk

Coaches:

There will be two track qualified coaches on the day, plus the help of some of our regular club Coaches and Volunteers

Want to come?

We are limited to 30 riders. If you want to come, please click on the link below to confirm your interest, by no later than Thursday 28th September. Spaces will be allocated on a first come first served basis. We will announce who can come in a newsletter shortly before the event

<https://form.jotformeu.com/72516095608359>