



YOUTH SECTION RIDE AT BEDGEBURY FOREST – SUNDAY 13th SEPTEMBER

This ride is **ONLY** for members of the youth section of our club (including those club members who last school year were in the junior section, but as of this September will be at secondary school) plus their parents / carers.

Let's get those wheels rolling, let's keep those wheels rolling – at the best mountain-bike trails that are near us.

We will be celebrating Jack Petchey's 21st Birthday! (well.... actually he is an amazing 95 years old, but his foundation is now 21 years old). They have generously provided £500-00 to support us and to support you with some fun activity this summer in these otherwise troubling times.

So with this donation we will pay for all your parking costs and will treat all our young riders to food and drink at Bedgebury at the end of the ride. Any spare money will go to fund extra club bike lights.

These will be rides in the woods, as such we are required to adhere to British Cycling's rules for rides that along with social distancing and hygiene also requires each group to have no more than 6 riders. These rides **must** thus fully meet the rules and guidance for our 'Go Riding' rides – please go to www.bigfootgoriding.org and on the home page make sure you read all the rules and guidance in the 'everything you need to know' section – which includes with regard to Covid 19. Remember this includes that you should all ride with an envelope containing details of any medical or health conditions, disabilities, medicines; plus emergency contact details (of a friend or family member of yours not on the ride)

We will provide route maps, you will need to organise yourself in to groups each with at least 2 adults. For parents / carers who are unable to ride with their young rider you will need to contact Adam well in advance of the ride and we will see if we can arrange adult support for you.

Meet: We will meet at Bedgebury Forest, TN17 2SL by the bike shop at 10-30am for starts from 10-30 to 11-00am, finish about 2-00pm

More details can be found at www.bedgeburypinetum.org.uk. 37 miles from Hayes, normally about a 1 hr drive. Parking costs (via number plate recognition system, pay before exit, machine takes cash or cards) – BUT see the costs section below.

Suitable bikes: Mountain bikes, cross bikes or sturdy "normal" bikes will be fine. Not suited to those fancy lightweight racing bikes.

Bike Hire Option: bikes can be hired at the Pinetum from Quench Bikes 01580 879694 - you can book and pay in advance.

Parental accompaniment: The Bedgebury tracks are open to the general public, they are however traffic free. For parents / carers who are unable to ride with their child you will need to contact Adam well in advance of the ride and we will see if we can arrange adult support for you.

Bring: Suitable clothing and shoes, helmet, spare inner tube, bike lock, drink and snacks while on the ride. Free food and drink at the end of the ride.

Cost: FREE FREE FREE! – free parking, free food, drink and sweets at the end of the ride. But we need the receipts in order to claim the £500-00, so either get Adam to pay for you (he can then claim back) or pay yourself, scan the receipts and email them to Adam with your bank details so we can credit you back – each young rider can have around £10-00 of food, drink and sweets. You MUST claim the money within 5 days of the ride, so we can claim from the foundation.

Transport: If you can talk amongst yourselves to help each other with transport that would be great

Photographs: We need some wonderful photos of the day, so we can report back to Jack Petchey and say thank you, email them to Adam

More Information: If you have any questions please email adam@bigfootcc.co.uk .

Coming? To help us know numbers and to help with any possible test and trace needs please click on the link below and enter details of all adults and young riders who will be riding:

<https://form.jotform.com/202291643324348>